



Run. Hike. Play. Relax.

Your IPARKS membership makes it easy for you to provide safe places to play, relax, and enjoy. By making safety a priority, we empower you to improve upon best practices and work in collaboration with your fellow members to protect your district, assets, and those you serve.

Members are able to do this with the customized coverage, fresh and engaging training, and the valuable educational resources we offer. All of this is made possible because of our strong financial foundation.



Administrator

Sedgwick 300 Galleria Officentre Suite 200 Southfield, MI 48034 (800) 367-4818

Claims

Public Entity Risk Services (866) 964-6257

Risk Control

Public Entity Risk Services of Illinois (800) 367-4818

Sales and Member Services

Acrisure LLC 315 S Kalamazoo Mall Kalamazoo, MI 49007 (800) 748-0554

December 2024

S	Μ	т	W	т	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21 First Day of Winter
22	23	24 Christmas Eve	25 Christmas Day/ Hanukkah Begins	26 Kwanzaa Begins	27	28
29	30	31	1	2	3	4

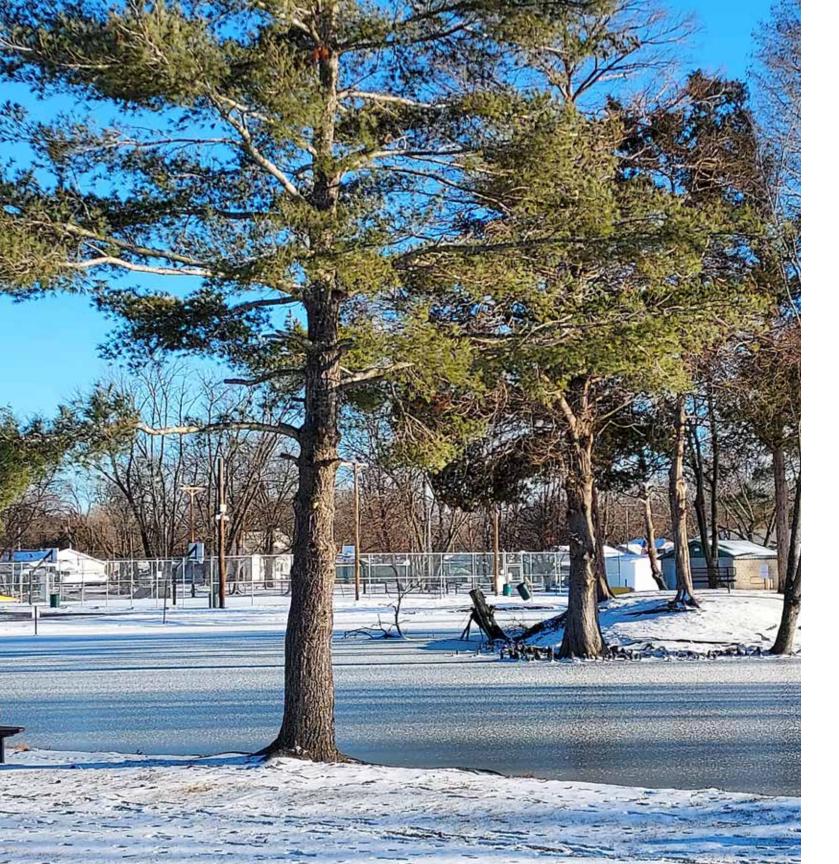
New Years Eve

Holiday Stress

The holiday season is a time of joy and celebrations, but it can also be a source of stress for many people. Here are some tips to get you through the holidays:

- Set realistic expectations Focus on what matters most to you
- Plan ahead Only attend events most meaningful to you
- Create relaxing surroundings -Turn on music, light candles
- Maintain healthy habits Drink plenty of water. Limit alcohol, caffeine, and sugar
- Be realistic Forget about perfection
- Take a break Take time for yourself





Don't Forget to Apply for the IPARKS Power Grant!

The IPARKS Power Grant is customizable and provides each member the power to choose how to use grant funds from a newly expanded list of qualifying expenses that help reduce and prevent liability claims and property losses. The amount awarded to each member varies based on annual contributions to the IPARKS Program.

Don't Wait, Apply Today!

Access the IPARKS Power Grant application by visiting www.iparks.org

S	Μ	т	W	т	F	S
29	30	31	1 New Year's Day/ Kwanzaa Ends	2 Hanukkah Ends	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Martin Luther King Jr. Day	21	22	23 IAPD/IPRA Conference Chicago, IL	24 IAPD/IPRA Conference Chicago, IL	25 IAPD/IPRA Conference Chicago, IL
26	27	28	29	30	31	1





AED Safety

Every minute counts during a cardiac arrest. According to the American Heart Association, immediate CPR and early defibrillation with an AED can more than double a victim's chance of survival. But, to ensure effectiveness, AEDs must be regularly inspected, maintained, and tested. Be sure to review your AED manual and make maintenance a top priority. February 2025

S	Μ	т	W	Т	F	S
26	27	28	29	30	31	1
2 Groundhog Day	3	4	5	6	7	8
9	10	11	12	13	14 Valentine's Day	15
16	17 Presidents' Day	18	19	20	21	22
23	24	25	26	27	28	1





Outdoor Event Safety

Welcome Spring!

Winter weather can take its toll on park facilities; spring maintenance is of utmost importance as people begin to head back outdoors for sports, playing, hiking, and biking.

Best practices and checklists available:

- Athletic Fields
- Parking Lots
- Playgrounds
- Dog Parks
- Shelters
- Trails
- Skate Parks

March 2025

S	Μ	т	W	т	F	S
23	24	25	26	27	28	1
2	3	4	5	6	7	8
9 Daylight Saving Time Begins	10	11	12	13	14	15
16	17 St. Patrick's Day	18	19	20 First Day of Spring	21	22
23 30	24 31	25	26	27	28	29



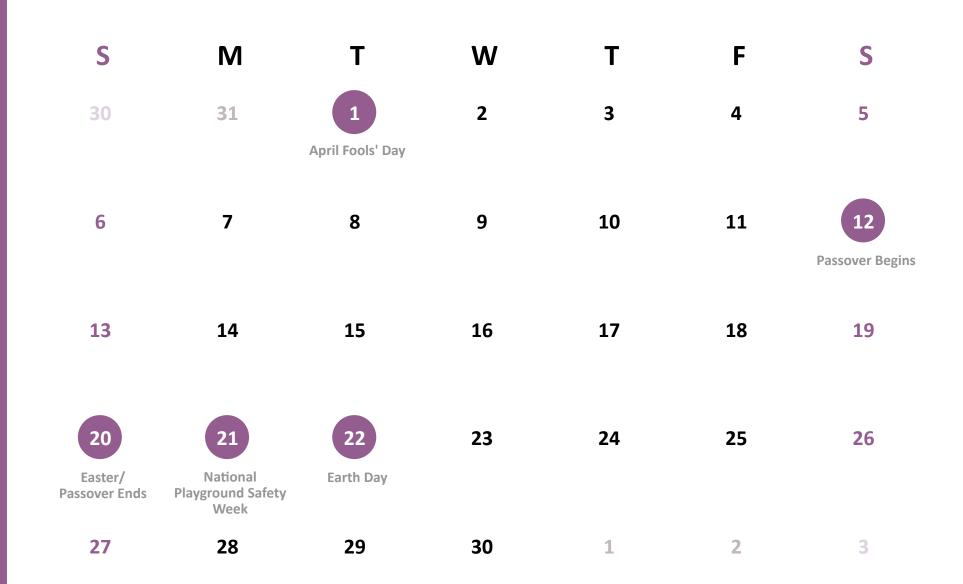


April is Celebrate Diversity Month

It's Celebrate Diversity Month. Do you have the tools to create an environment where everyone can thrive and reach their full potential? Sample policies, HR toolkits, and checklists are available on Zywave. You also can find training options on NeoGov, including:

- Developing a Diversity and Inclusion Program
- Diversity in the Workplace: Diversity for All
- Issues in Diversity a series of short trainings

Distracted Driving Awareness Month





April **2025**



Electrical Storms

Electrical storms are common in the Midwest, especially during the warmer months when unstable weather patterns create ideal conditions for thunderstorms.

Follow these tips to stay safe:

- Stay indoors
- Avoid contact with anything that conducts electricity, such as metal objects and water
- Unplug electronic devices to prevent damage from power surges
- Stay away from windows and avoid using landline phones

If you're outside:

- Seek shelter in a car or building
- Avoid open fields, tall trees, and bodies of water

Statewide Kite Fly & National Bike Month



S	Μ	т	W	т	F	S
27	28	29	30	1	2	3
4 International Firefighters' Day	5	6	7	8	9	10
11 Mother's Day/ National Police Week	12	13	14	15	16 National Bike to Work Day	17 Armed Forces Day
18 National EMS Week	19	20	21	22	23	24
25	26 Memorial Day	27	28	29	30	31





Fireworks Safety

The 4th of July is right around the corner. There'll be parades, barbecues, and of course, fireworks. Nothing says 4th of July like fireworks. Take these weeks before the holiday to keep your entity protected and download these resources:

- Fireworks Displays: Best Practices
- Fireworks Displays: Checklist

National Safety Month

S	Μ	т	W	т	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14 Flag Day
15 Father's Day	16	17	18	19 Juneteenth	20 First Day of Summer	21
22	23	24	25	26	27	28
29	30	1	2	3	4	





Heat Illness Prevention

Be careful. It's gonna get hot.

Heat illness is a serious medical condition that could result in death. Prevention is critical:

Stay hydrated:

- Drink plenty of water, use the 20-Minute Rule: Drink water at least every 20 minutes
- Avoid alcohol, caffeine, and sugary drinks

Stay cool:

- Wear lightweight, loose-fitting, clothing
- Use sunscreen, hats, sunglasses, and apply SPF 15 (or higher) sunscreen to exposed skin 30 minutes before exposure
- Stay in shady or air-conditioned areas

July **2025**

S	Μ	т	W	т	F	S
29	30	1	2	3	4 Independence Day	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2





Golf Cart Safety

Are employees at your sites using golf carts to get around? What happens if there's an accident? When the accident investigation begins, you'll ask yourself:

- Was the operator properly trained?
- Was the golf cart properly maintained?
- Was the load capacity exceeded?

Maintaining golf carts is critical. Available resources include:

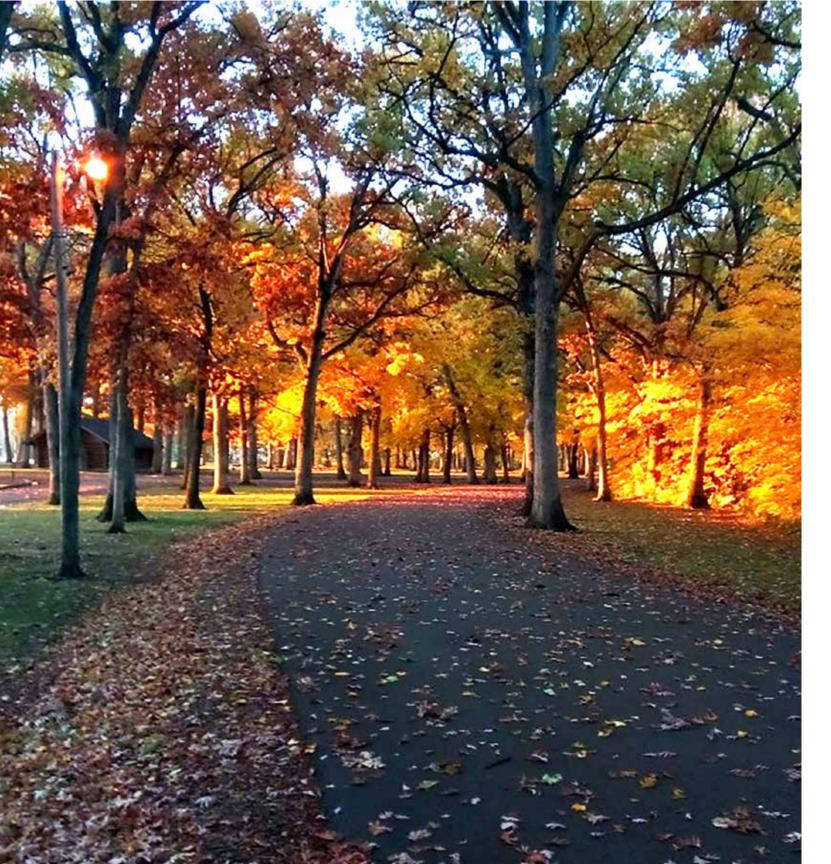
- Golf Cart Procedures for Safety Operations
- Golf Cart Safety Fact Sheet
- Golf Cart Safety Check List

Back-to-School Safety Month

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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 31	25	26	27	28	29	30





Emergency Action

September is National Preparedness

Month, created to raise an awareness for the importance of emergency preparedness. Is your entity prepared for the next emergency? NeoGov offers several trainings that can make you better able to handle the unexpected:

- Emergency Communication in the Workplace
- Emergency Prep & Response: Floods
- Emergency Prep & Response: Tornadoes
- Emergency Prep & Response: Winter Storms
- Emergency Prep & Response: Continuity of Operations
- Emergency Response in the Workplace

September 2025

S	Μ	т	W	Т	F	S
31	1 Labor Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 First Day of Autumn/Rosh Hashanah Begins	23	24 Rosh Hashanah Ends	25	26	27
28	29	30	1	2	3	4





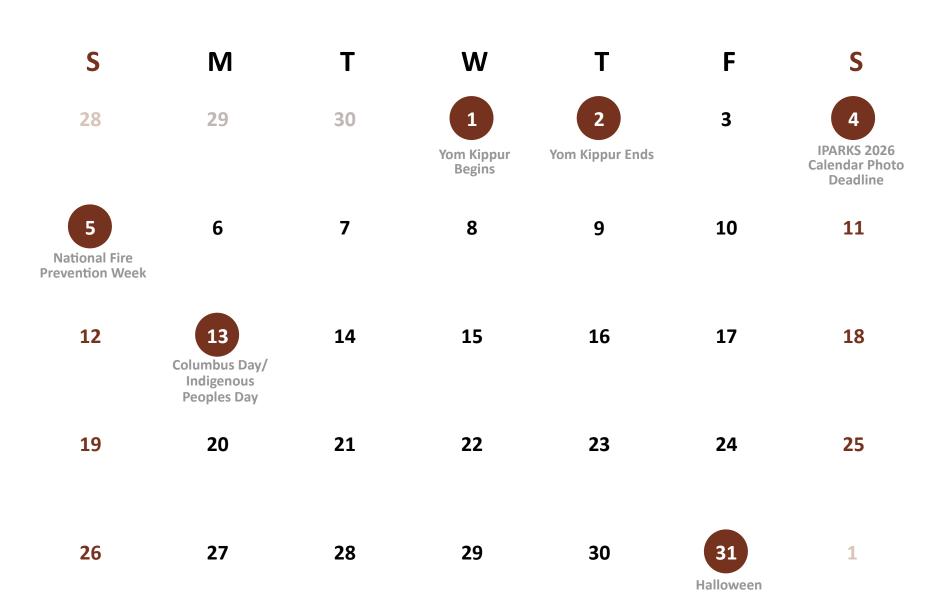
October is Cybersecurity Awareness Month

It's Cybersecurity Awareness Month. IPARKS has many cyber management resources to help keep your entity protected.

- Cyber Best Practices and Checklists
- Online cyber trainings
- Comprehensive online training videos

The proper identification of exposures and the implementation of cybersecurity measures will reduce the likelihood and cost of a potential cyber loss.

Cybersecurity Awareness Month







Smoke Alarms

Daylight Saving Time Ends 11/2/25 -Time to Change Batteries

It's time to change the batteries in all of your smoke alarms. Remember to test your smoke alarms at least once a month following manufacturer's instructions.

Did you know?

- Roughly three out of five fire deaths happen in homes with either no smoke alarms or no working smoke alarms.
- More than one-third (38%) of home fire deaths result from fires in which no smoke alarms are present.
- The risk of dying in a home fire is cut in half in homes with working smoke alarms.

Source: NFPA Research

November 2025

S	Μ	Т	W	т	F	S
26	27	28	29	30	31	1
2 Daylight Saving Time Ends	3	4 Election Day	5	6 IAPD Legal Symposium Oak Brook, IL	7	8
9	10	11 Veterans Day	12	13	14	15
16	17	18	19	20	21	22
23 30	24	25	26	27 Thanksgiving	28	29





Stay Safe During Winter Weather

Learn the signs of and basic treatments for frostbite and hypothermia.

Frostbite - loss of feeling and color around the face, fingers, and toes.

- Signs: Numbness, white or grayish-yellow skin, firm or waxy skin
- Actions:
 - Go to a warm room
 - Soak in warm water
 - Use body heat to warm
 - Do not massage or use a heating pad

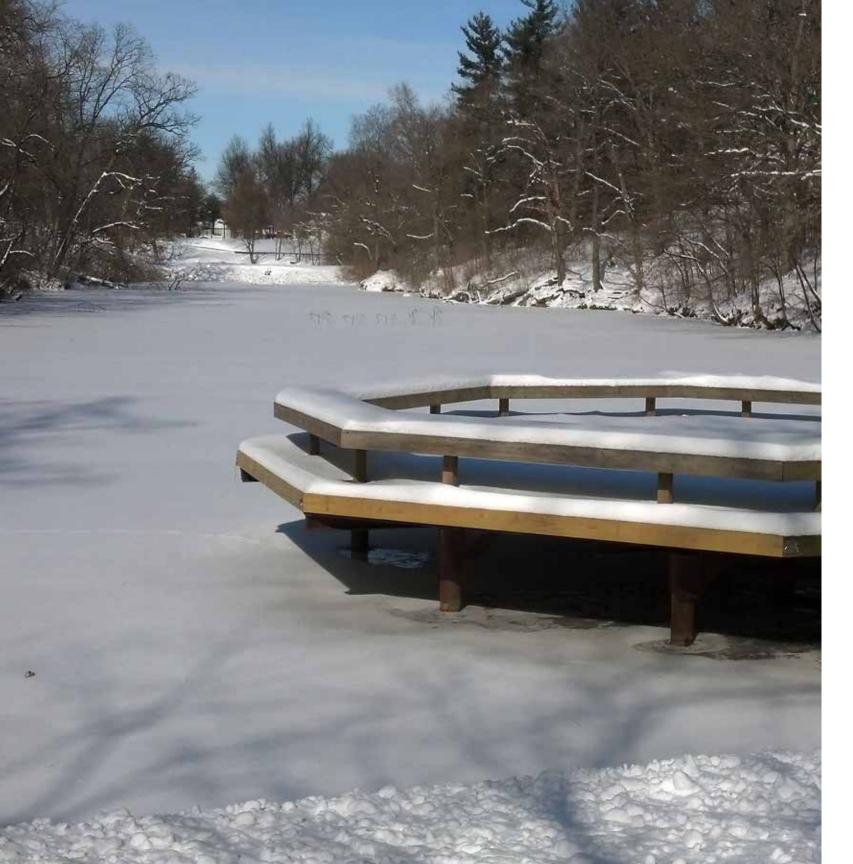
Hypothermia - unusually low body temperature < 95°.

- Signs: Shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech, or drowsiness
- Actions:
 - Go to a warm room
 - Warm the center of the body first—chest, neck, head, and groin
 - Keep dry and wrapped up in warm blankets, including the head and neck

2025 ecember

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30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21 First Day of Winter	22	23	24 Christmas Eve	25 Christmas Day/ Hanukkah Begins	26 Kwanzaa Begins	27
28	29	30	31 New Years Eve	1	2	3





New Year - Fresh Start

4 Steps to a Healthier Life

- Maintain a Healthy Weight
- Be Physically Active
- Eat a Healthy Diet
- Limit Alcohol and Stop Smoking

Begin the year with a fresh, healthy start. A healthier lifestyle will make you happier and give you more energy. It will make you more productive at work, you'll get sick less, and you'll live a safer life, personally and professionally.

Happy New Year!

January 2026

S	Μ	т	W	т	F	S
28	29	30	31	1 New Year's Day/ Kwanzaa Ends	2 Hanukkah Ends	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Martin Luther King Jr. Day	20	21	22 IAPD/IPRA Conference Chicago, IL	23 IAPD/IPRA Conference Chicago, IL	24 IAPD/IPRA Conference Chicago, IL
25	26	27	28	29	30	31



Thank you, IPARKS Members, for your continued support!

53 Trails Estate Park District **Albion Park District Allin Township Park District Armington Community Park District Arthur Community Park District Aviston Park District Bailey Park District Barrington Hills Park District Beardstown Community Park District Benton Community Park District Berkeley Park District Big Rock Park District Black Hawk Park District** Blue Island Park District **Blue Mound Park District Boone County Conservation District Braidwood Park District Bridgeview Park District Broadview Park District Brookeridge Park District Burlington Township Park District Canton Park District Caps Park District Carbondale Park District Carlinville Park District Carrier Mills Park District Central Stickney Park District Charleston Township Park District Chestnut-Beason Park District Chicago Heights Park District**

Chillicothe Park District Clyde Park District Collinsville Area Recreation District Coloma Township Park District Cordova Township Park District Creston-Dement Park District Delavan Township Park District Dieterich Park District Dixon Park District Dolton Park District Dunleith Park District East Oakland Township Park District Effingham Park District Elba-Salem Park District Eldorado Raleigh Pleasure Driveway & Park District **Fairfield Park District Farmington Township Park District Flanagan Community Park District** Fon Du Lac Park District **Forest Preserves of Winnebago County Forest View Park District Forman Park District Foss Park District Frankfort Community Park District Franklin Township Park District Freeburg Park District Freeport Park District Gateway Special Recreation Association Germantown Park District Glen Ellyn Countryside Park District**

Godley Park District Golfview Hills Park District Grand Tower Park District Grandwood Park Park District Granite City Park District Grant Memorial Park District Greater Brownstown Park District Griggsville Community Park District Hamilton Park District Hanna City Park District Hanover Township Park District Harrisburg Township Park District **Harvey Park District** Havana Park District **Hennepin Park District Herrin Park District Hollis Park District Horner Park District** Hutsonville Park District Illinois River Valley Special Recreation Association **Inverness Park District** Joliet Park District **Kankakee River Valley Forest Preserve District Kewanee Park District Kingsbury Park District Kingston Township Park District** La Harpe Park District Lafayette Park District LaMotte Township Park District **Lena Community Park District**

LeRoy Community Park District Lewistown Park District Lighthouse Park District Limestone Park District Lincoln Park District Litchfield Park District Long Grove Park District **Macomb Park District Macon County Conservation District** Marion Park District Markham Park District **Mason City Park District Mason Township Park District Mattoon Township Park District Maywood Park District Memorial Park District** Metamora Park District Metro East Park and Recreation District **Milford Township Park District Momence Park District Morton Park District Mount Hope Funks Grove Park District Mount Pulaski Township Park District Mount Sterling Park District Murphysboro Park District Neoga Township Park District New Athens Park District New Lenox Community Park District Niantic Park District Niles Park District Nokomis Memorial Park District North Fork Conservancy District**

Octavia Park District Odell Park District Oregon Park District Oswegoland Park District Paxton Park District Pearl City Park District Pekin Park District Peotone Park District Phoenix Park District Pitman Township Park District Posen Park District Princeton Park District Putman Township Park District Putnam County Conservation District Quincy Park District Rantoul Park District Rend Lake Conservancy District Ridgeville Park District Riverdale Park District Roanoke Park District Robbins Park District Rock Island County Forest Preserve District Rosemont Park District Roxana Community Park District Saint Elmo Community Park District Saint Jacob Park District Saline Valley Conservancy District Salt Creek Rural Park District Sandwich Park District Savanna Park District **Seward Park District South Barrington Park District**

Special Recreation of Joliet & Channahon Parks Districts Springfield Park District Stonington Park District Summit Park District Taylorville Community Pleasure Driveway & Park District Teutopolis Park District Tolono Park District Toluca Park District Tremont Area Park District Tri-State Park District Tri-Township Park District Urbana Park District Vandalia Park District Venice Park District **Vermilion County Conservation District Veterans Park District** Wards Creek Park District Warsaw Park District **Washington Park District** Waterloo Park District Watseka Park District Westchester Park District Westmont Park District Winnebago Park District **Winslow Township Park District York Center Park District**









Oswegoland Park District

Kirk Luttrell



Princeton Park District



Q New Lenox Community Park District



Q Kankakee River Valley Forest Preserve District



FOR MORE INFORMATION, VISIT: WWW.IPARKS.ORG