



IPARKS

Illinois Parks Association Risk Services



2025

Run. Hike. Play. Relax.

Your IPARKS membership makes it easy for you to provide safe places to play, relax, and enjoy. By making safety a priority, we empower you to improve upon best practices and work in collaboration with your fellow members to protect your district, assets, and those you serve.

Members are able to do this with the customized coverage, fresh and engaging training, and the valuable educational resources we offer. All of this is made possible because of our strong financial foundation.



Administrator

Sedgwick
300 Galleria Officentre
Suite 200
Southfield, MI 48034
(800) 367-4818

Claims

Public Entity Risk Services
(866) 964-6257

Risk Control

Public Entity Risk Services of Illinois
(800) 367-4818

Sales and Member Services

Acrisure LLC
315 S Kalamazoo Mall
Kalamazoo, MI 49007
(800) 748-0554

December 2024

| S | M | T | W | T | F | S |
|----|----|---------------------|---|----------------------|----|---------------------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 First Day of Winter |
| 22 | 23 | 24 Christmas Eve | 25 Christmas Day/ Hanukkah Begins | 26 Kwanzaa Begins | 27 | 28 |
| 29 | 30 | 31 New Years Eve | 1 | 2 | 3 | 4 |

Holiday Stress

The holiday season is a time of joy and celebrations, but it can also be a source of stress for many people. Here are some tips to get you through the holidays:

- **Set realistic expectations** - Focus on what matters most to you
- **Plan ahead** - Only attend events most meaningful to you
- **Create relaxing surroundings** - Turn on music, light candles
- **Maintain healthy habits** - Drink plenty of water. Limit alcohol, caffeine, and sugar
- **Be realistic** - Forget about perfection
- **Take a break** - Take time for yourself



Don't Forget to Apply for the IPARKS Power Grant!

The IPARKS Power Grant is customizable and provides each member the power to choose how to use grant funds from a newly expanded list of qualifying expenses that help reduce and prevent liability claims and property losses. The amount awarded to each member varies based on annual contributions to the IPARKS Program.

Don't Wait, Apply Today!

Access the IPARKS Power Grant application by visiting www.iparks.org

January 2025

| S | M | T | W | T | F | S |
|----|--|----|---|---|---|---|
| 29 | 30 | 31 | 1 New Year's Day/ Kwanzaa Ends | 2 Hanukkah Ends | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 Martin Luther King Jr. Day | 21 | 22 | 23 IAPD/IPRA Conference Chicago, IL | 24 IAPD/IPRA Conference Chicago, IL | 25 IAPD/IPRA Conference Chicago, IL |
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |



AED Safety

Every minute counts during a cardiac arrest. According to the American Heart Association, immediate CPR and early defibrillation with an **AED** can more than double a victim's chance of survival. But, to ensure effectiveness, **AEDs** must be regularly inspected, maintained, and tested. Be sure to review your **AED** manual and make maintenance a top priority.

February 2025

| S | M | T | W | T | F | S |
|---------------------------|------------------------------|----|----|----|------------------------------|----|
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 2 Groundhog Day | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 Valentine's Day | 15 |
| 16 | 17 Presidents' Day | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 1 |



Outdoor Event Safety

Welcome Spring!

Winter weather can take its toll on park facilities; spring maintenance is of utmost importance as people begin to head back outdoors for sports, playing, hiking, and biking.

Best practices and checklists available:

- Athletic Fields
- Parking Lots
- Playgrounds
- Dog Parks
- Shelters
- Trails
- Skate Parks

March 2025

| S | M | T | W | T | F | S |
|-------------------------------------|-------------------------|----|----|---------------------------|----|----|
| 23 | 24 | 25 | 26 | 27 | 28 | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 Daylight Saving Time Begins | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 St. Patrick's Day | 18 | 19 | 20 First Day of Spring | 21 | 22 |
| 23 30 | 24 31 | 25 | 26 | 27 | 28 | 29 |



April is Celebrate Diversity Month

It's Celebrate Diversity Month. Do you have the tools to create an environment where everyone can thrive and reach their full potential? Sample policies, HR toolkits, and checklists are available on [Zywave](#). You also can find training options on [NeoGov](#), including:

- [Developing a Diversity and Inclusion Program](#)
- [Diversity in the Workplace: Diversity for All](#)
- [Issues in Diversity – a series of short trainings](#)

April 2025

Distracted Driving Awareness Month

| S | M | T | W | T | F | S |
|---------------------------------------|--|------------------------------|----|----|----|------------------------------|
| 30 | 31 | 1 April Fools' Day | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 Passover Begins |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 Easter/ Passover Ends | 21 National Playground Safety Week | 22 Earth Day | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 1 | 2 | 3 |



Electrical Storms

Electrical storms are common in the Midwest, especially during the warmer months when unstable weather patterns create ideal conditions for thunderstorms.

Follow these tips to stay safe:

- Stay indoors
- Avoid contact with anything that conducts electricity, such as metal objects and water
- Unplug electronic devices to prevent damage from power surges
- Stay away from windows and avoid using landline phones

If you're outside:

- Seek shelter in a car or building
- Avoid open fields, tall trees, and bodies of water

May 2025

Statewide Kite Fly & National Bike Month

| S | M | T | W | T | F | S |
|--|--------------------|----|----|----|---------------------------------------|---------------------------|
| 27 | 28 | 29 | 30 | 1 | 2 | 3 |
| 4 International Firefighters' Day | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 Mother's Day/ National Police Week | 12 | 13 | 14 | 15 | 16 National Bike to Work Day | 17 Armed Forces Day |
| 18 National EMS Week | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 Memorial Day | 27 | 28 | 29 | 30 | 31 |



Fireworks Safety

The 4th of July is right around the corner. There'll be parades, barbecues, and of course, fireworks. Nothing says 4th of July like fireworks. Take these weeks before the holiday to keep your entity protected and download these resources:

- [Fireworks Displays: Best Practices](#)
- [Fireworks Displays: Checklist](#)

June 2025

National Safety Month

| S | M | T | W | T | F | S |
|--------------------|----|----|----|------------------|---------------------------|----------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 Flag Day |
| 15 Father's Day | 16 | 17 | 18 | 19 Juneteenth | 20 First Day of Summer | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 1 | 2 | 3 | 4 | 5 |



Heat Illness Prevention

Be careful. It's gonna get hot.

Heat illness is a serious medical condition that could result in death. Prevention is critical:

Stay hydrated:

- Drink plenty of water, use the 20-Minute Rule: Drink water at least every 20 minutes
- Avoid alcohol, caffeine, and sugary drinks

Stay cool:

- Wear lightweight, loose-fitting, clothing
- Use sunscreen, hats, sunglasses, and apply SPF 15 (or higher) sunscreen to exposed skin 30 minutes before exposure
- Stay in shady or air-conditioned areas

July 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|-----------------------|----|
| 29 | 30 | 1 | 2 | 3 | 4 Independence Day | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |



Golf Cart Safety

Are employees at your sites using golf carts to get around? What happens if there's an accident? When the accident investigation begins, you'll ask yourself:

- Was the operator properly trained?
- Was the golf cart properly maintained?
- Was the load capacity exceeded?

Maintaining golf carts is critical. Available resources include:

- [Golf Cart Procedures for Safety Operations](#)
- [Golf Cart Safety Fact Sheet](#)
- [Golf Cart Safety Check List](#)

August 2025

Back-to-School Safety Month

| S | M | T | W | T | F | S |
|------------|----|----|----|----|----|----|
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 / 31 | 25 | 26 | 27 | 28 | 29 | 30 |



Emergency Action

September is National Preparedness Month, created to raise an awareness for the importance of emergency preparedness. Is your entity prepared for the next emergency? **NeoGov** offers several trainings that can make you better able to handle the unexpected:

- **Emergency Communication in the Workplace**
- **Emergency Prep & Response: Floods**
- **Emergency Prep & Response: Tornadoes**
- **Emergency Prep & Response: Winter Storms**
- **Emergency Prep & Response: Continuity of Operations**
- **Emergency Response in the Workplace**

September 2025

| S | M | T | W | T | F | S |
|----|--|----|-----------------------------|----|----|----|
| 31 | 1 Labor Day | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 First Day of Autumn/Rosh Hashanah Begins | 23 | 24 Rosh Hashanah Ends | 25 | 26 | 27 |
| 28 | 29 | 30 | 1 | 2 | 3 | 4 |



October is Cybersecurity Awareness Month

It's Cybersecurity Awareness Month. IPARKS has many cyber management resources to help keep your entity protected.

- **Cyber Best Practices and Checklists**
- **Online cyber trainings**
- **Comprehensive online training videos**

The proper identification of exposures and the implementation of cybersecurity measures will reduce the likelihood and cost of a potential cyber loss.

October 2025

Cybersecurity Awareness Month

| S | M | T | W | T | F | S |
|--|---|----|-------------------------------|-----------------------------|------------------------|---|
| 28 | 29 | 30 | 1 Yom Kippur Begins | 2 Yom Kippur Ends | 3 | 4 IPARKS 2026 Calendar Photo Deadline |
| 5 National Fire Prevention Week | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 Columbus Day/ Indigenous Peoples Day | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 Halloween | 1 |



Smoke Alarms

**Daylight Saving Time Ends 11/2/25
-Time to Change Batteries**

It's time to change the batteries in all of your smoke alarms. Remember to test your smoke alarms at least once a month following manufacturer's instructions.

Did you know?

- Roughly three out of five fire deaths happen in homes with either no smoke alarms or no working smoke alarms.
- More than one-third (38%) of home fire deaths result from fires in which no smoke alarms are present.
- The risk of dying in a home fire is cut in half in homes with working smoke alarms.

Source: *NFPA Research*

November 2025

| S | M | T | W | T | F | S |
|--|----|---------------------------|----|--|----|----|
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 2 Daylight Saving Time Ends | 3 | 4 Election Day | 5 | 6 IAPD Legal Symposium Oak Brook, IL | 7 | 8 |
| 9 | 10 | 11 Veterans Day | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 30 | 24 | 25 | 26 | 27 Thanksgiving | 28 | 29 |



Stay Safe During Winter Weather

Learn the signs of and basic treatments for frostbite and hypothermia.

Frostbite - loss of feeling and color around the face, fingers, and toes.

- Signs: Numbness, white or grayish-yellow skin, firm or waxy skin
- Actions:
 - Go to a warm room
 - Soak in warm water
 - Use body heat to warm
 - Do not massage or use a heating pad

Hypothermia - unusually low body temperature < 95°.

- Signs: Shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech, or drowsiness
- Actions:
 - Go to a warm room
 - Warm the center of the body first—chest, neck, head, and groin
 - Keep dry and wrapped up in warm blankets, including the head and neck

December 2025

| S | M | T | W | T | F | S |
|---------------------------|----|----|---------------------|---|----------------------|----|
| 30 | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 First Day of Winter | 22 | 23 | 24 Christmas Eve | 25 Christmas Day/ Hanukkah Begins | 26 Kwanzaa Begins | 27 |
| 28 | 29 | 30 | 31 New Years Eve | 1 | 2 | 3 |



New Year - Fresh Start

4 Steps to a Healthier Life

- Maintain a Healthy Weight
- Be Physically Active
- Eat a Healthy Diet
- Limit Alcohol and Stop Smoking

Begin the year with a fresh, healthy start. A healthier lifestyle will make you **happier** and give you **more energy**. It will make you **more productive** at work, you'll get **sick less**, and you'll live a **safer life**, personally and professionally.

Happy New Year!

January 2026

| S | M | T | W | T | F | S |
|----|-------------------------------------|----|----|--|--|--|
| 28 | 29 | 30 | 31 | 1 New Year's Day/ Kwanzaa Ends | 2 Hanukkah Ends | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 Martin Luther King Jr. Day | 20 | 21 | 22 IAPD/IPRA Conference Chicago, IL | 23 IAPD/IPRA Conference Chicago, IL | 24 IAPD/IPRA Conference Chicago, IL |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Thank you, IPARKS Members, for your continued support!

- 53 Trails Estate Park District
- Albion Park District
- Allin Township Park District
- Armington Community Park District
- Arthur Community Park District
- Aviston Park District
- Bailey Park District
- Barrington Hills Park District
- Beardstown Community Park District
- Benton Community Park District
- Berkeley Park District
- Big Rock Park District
- Black Hawk Park District
- Blue Island Park District
- Blue Mound Park District
- Boone County Conservation District
- Braidwood Park District
- Bridgeview Park District
- Broadview Park District
- Brookeridge Park District
- Burlington Township Park District
- Canton Park District
- Caps Park District
- Carbondale Park District
- Carlinville Park District
- Carrier Mills Park District
- Central Stickney Park District
- Charleston Township Park District
- Chestnut-Beason Park District
- Chicago Heights Park District
- Chillicothe Park District
- Clyde Park District
- Collinsville Area Recreation District
- Coloma Township Park District
- Cordova Township Park District
- Creston-Dement Park District
- Delavan Township Park District
- Dieterich Park District
- Dixon Park District
- Dolton Park District
- Dunleith Park District
- East Oakland Township Park District
- Effingham Park District
- Elba-Salem Park District
- Eldorado Raleigh Pleasure Driveway & Park District
- Fairfield Park District
- Farmington Township Park District
- Flanagan Community Park District
- Fon Du Lac Park District
- Forest Preserves of Winnebago County
- Forest View Park District
- Forman Park District
- Foss Park District
- Frankfort Community Park District
- Franklin Township Park District
- Freeburg Park District
- Freeport Park District
- Gateway Special Recreation Association
- Germantown Park District
- Glen Ellyn Countryside Park District
- Godley Park District
- Golfview Hills Park District
- Grand Tower Park District
- Grandwood Park Park District
- Granite City Park District
- Grant Memorial Park District
- Greater Brownstown Park District
- Griggsville Community Park District
- Hamilton Park District
- Hanna City Park District
- Hanover Township Park District
- Harrisburg Township Park District
- Harvey Park District
- Havana Park District
- Hennepin Park District
- Herrin Park District
- Hollis Park District
- Horner Park District
- Hutsonville Park District
- Illinois River Valley Special Recreation Association
- Inverness Park District
- Joliet Park District
- Kankakee River Valley Forest Preserve District
- Kewanee Park District
- Kingsbury Park District
- Kingston Township Park District
- La Harpe Park District
- Lafayette Park District
- LaMotte Township Park District
- Lena Community Park District

LeRoy Community Park District
Lewistown Park District
Lighthouse Park District
Limestone Park District
Lincoln Park District
Litchfield Park District
Long Grove Park District
Macomb Park District
Macon County Conservation District
Marion Park District
Markham Park District
Mason City Park District
Mason Township Park District
Mattoon Township Park District
Maywood Park District
Memorial Park District
Metamora Park District
Metro East Park and Recreation District
Milford Township Park District
Momence Park District
Morton Park District
Mount Hope Funks Grove Park District
Mount Pulaski Township Park District
Mount Sterling Park District
Murphysboro Park District
Neoga Township Park District
New Athens Park District
New Lenox Community Park District
Niantic Park District
Niles Park District
Nokomis Memorial Park District
North Fork Conservancy District

Octavia Park District
Odell Park District
Oregon Park District
Oswegoland Park District
Paxton Park District
Pearl City Park District
Pekin Park District
Peotone Park District
Phoenix Park District
Pitman Township Park District
Posen Park District
Princeton Park District
Putman Township Park District
Putnam County Conservation District
Quincy Park District
Rantoul Park District
Rend Lake Conservancy District
Ridgeville Park District
Riverdale Park District
Roanoke Park District
Robbins Park District
Rock Island County Forest Preserve District
Rosemont Park District
Roxana Community Park District
Saint Elmo Community Park District
Saint Jacob Park District
Saline Valley Conservancy District
Salt Creek Rural Park District
Sandwich Park District
Savanna Park District
Seward Park District
South Barrington Park District

Special Recreation of Joliet & Channahon
Parks Districts
Springfield Park District
Stonington Park District
Summit Park District
Taylorville Community Pleasure Driveway &
Park District
Teutopolis Park District
Tolono Park District
Toluca Park District
Tremont Area Park District
Tri-State Park District
Tri-Township Park District
Urbana Park District
Vandalia Park District
Venice Park District
Vermilion County Conservation District
Veterans Park District
Wards Creek Park District
Warsaw Park District
Washington Park District
Waterloo Park District
Watseka Park District
Westchester Park District
Westmont Park District
Winnebago Park District
Winslow Township Park District
York Center Park District



📍 Oswegoland Park District 📷 Allison Weiland



📍 Freeport Park District



📍 Oswegoland Park District 📷 Kirk Luttrell



📍 Princeton Park District



📍 New Lenox Community Park District



📍 Kankakee River Valley Forest Preserve District



FOR MORE INFORMATION, VISIT: WWW.IPARKS.ORG